Monday Musings

October 30, 2017

- 1. Last Days for Annual Enrollment
- 2. Mental Health First Aid Training Nov. 3
- 3. Flu Shot Clinic
- 4. Last Call for AAEOP Fall Fundraiser
- 5. Staff: We want your feedback!
- 6. Information Session on MAED Program November 27
- 7. CenturyLink Grant Opportunities
- 8. NCCAT Professional Development for Spring 2018 Now Open
- 9. AHS Blood Drive November 9
- 10. SECU to Host FAFSA Help
- 11. Loflin Family Fun Day
- 12. McCrary's Multicultural Event
- 13. AHS Athletics
- 14. AHS Students Recognized at Randolph Sports Banquet
- 15. Brucie Shook Book Signing

Mental Health First Aid Training Nov. 3

Anyone, anywhere can be the one to make a difference in the life of someone with a mental health or substance abuse challenge as long as they know what to do and what to say. Just as you would administer first aid to someone who has a health emergency, Youth Mental Health First Aid is an eight-hour course that will help you recognize the signs and symptoms of a mental health crisis, as well as how to help. ACS will offer Mental Health First Aid Training that is designed to inform and train educators of the methods and practices for assisting students who may find themselves in a mental health crisis or in the early stages of developing a mental health problem.

Participants will receive CEU's and a certificate of completion. Spaces are limited.

Nov. 3rd 8 a.m. -4 p.m. in the PDC (lunch on your own). Email Leslie Smith-Moore to reserve your spot lsmithmoore@asheboro.k12.nc.us.

Annual Enrollment - Important to Enroll by TOMORROW

The State Health Plan will conduct Annual Enrollment on September 30 through October 31, 2017. The choices you make during this period will be effective January 1, 2018 - December 31, 2018. If you have questions, please contact Sandra Spivey or Sherry Hayes. The link to enroll can be found here.

Important Reminders:

- If you do not complete the Open Enrollment, you will be enrolled in the 70/30 plan at the highest premium.
- If you want to pay the lowest premium, you <u>must</u> complete the tobacco attestation regardless of the plan you choose.
- If you are a new employee, you still <u>must</u> complete this enrollment to keep the lowest premium cost or choose the 80/20 plan.
- For steps on how to complete enrollment, click on the health insurance enrollment video attachment.
- This enrollment is for health insurance only. Enrollment for dental, vision, etc. will be in the spring.
- The Consumer Directed Health Plan (CDHP) will not be offered this year, you will need to choose between the 80/20 plan or the 70/30 plan.

Important: During Open Enrollment, <u>all</u> active members and eligible dependents will automatically be enrolled into the Traditional 70/30 Plan.

Flu Shot Clinic

Tuesday, November 14 8 a.m. – 4 p.m. Central Office Board Room & NAMS Auditorium



Last Call for AAEOP Fall Fundraiser

The AAEOP Scholarship Fundraiser this fall features items from **RADA Cutlery**. RADA catalogs and order forms are located in your school's lounge or office area. Orders will be taken through **October 31st and will arrive mid-November**. All orders and money should be sent to Angel Etheridge at the Central Office. All checks should be made payable to AAEOP.

Staff: We want your feedback!

We're excited to announce a website redesign for the district and our schools! Before we begin, we want to know what you would like to see on the new site. Please complete the short survey below! We thank you in advance!

https://docs.google.com/forms/u/1/d/e/1FAIpQLSfoq7A7Xtkukb2kDWtJ07gjFyz8QCn0NPxRDkIsoMJ3277wqQ/viewform

Information Session on MAED Program

Dr. Smith will be in Asheboro City Schools on November 27th for an information session on the Master of Arts in Education Reading Education program through NC A&T University. The session will take place at 3:45 p.m. in the Professional Development Center.





CenturyLink Grant Opportunities

Funded by CenturyLink's Clarke M. Williams, the Teacher's and Technology program provides classroom grants to help fund projects that advance student success through innovative use of technology.

A few items to note about the program:

- Full-time private and public school teachers are eligible
- Only schools in CenturyLink's residential service areas may apply
- Applications will be accepted Oct. 1, 2017 Jan. 12, 2018 (midnight) via the online registration portal:
 - http://www.centurylink.com/teachersandtechnology
- Grant winners will be announced between April 1 May 15, 2018
- Grant awards range from \$500-\$5000
- Schools do not have to be a CenturyLink customer to apply but must be
 located in a CenturyLink service area where CenturyLink provides
 residential phone service. If you are not sure if your school is in a
 CenturyLink residential service area; visit www.centurylink.com and click on
 "Check for Deals at my Home" in the upper right corner. Enter your school
 address to verify if CenturyLink services are provided there.

NCCAT Professional Development for Spring 2018 Now Open

The North Carolina Center for the Advancement of Teaching has announced the spring professional development opportunities. Registration is now open. For a full listing, please click <u>here</u>.

AHS Blood Drive - November 9

The Asheboro High School Health Sciences Academy is hosting a blood drive on Thursday, November 9 from 8:30 a.m. – 2:30 p.m. in the AHS original gym. The school will partner with the Community Blood Center of the Carolinas. If anyone would like to make an appointment, they may email Asheboro High School Health Sciences Academy teacher, Rita Morton at rmorton@asheboro.k12.nc.us. Drop-in donors must report to the front office before being admitted the blood drive.

SECU to Host FAFSA Help

Know a student planning to attend college in the 2018-2019 academic year and need assistance completing the Free Application for Federal Student Aid (FAFSA)? State Employees' Credit Union (SECU) will be offering FAFSA assistance to members during normal business hours throughout the month of November. Credit Union staff at all branches statewide will be available to answer questions and help students and their families complete and electronically file the FAFSA, a required document to be considered for all federal and most state financial aid for college, career school or graduate school.

Loflin Family Fun Day

On Saturday, October 21st Donna Lee Loflin's P.T.A. sponsored the annual Fall Family Fun Day. Some of the enjoyable activities included: the cake walk, bounce houses, face painting, nail painting, ladder ball, and the bean bag toss. The DLL lion mascot and Little Zack from Zaxby's also entertained everyone.



McCrary's Multi-Cultural Festival

On Thursday, October 19th, McCrary hosted their annual Multi-Cultural Festival. Students studied different countries during their class time that was then shared with their families. During the night, there was dancing, student musical performances, a Mariachi singer, Henna tattoos, African drummers, pinatas, and a potluck dinner. Much fun was had sharing time together celebrating the school's diverse family.

AHS Athletics

Wednesday, November 1

TBA Boys Varsity Soccer OPEN DATE 1st Rd 3-A Soccer Playoffs Home

Saturday, November 4

TBA Boys Varsity Soccer OPEN DATE 2nd Rd State 3-A Soccer Playoffs Away
10 AM Coed Varsity Cross Country OPEN DATE NCHSAA 3A State
Championship Away

AHS Students Recognized at Randolph Sports Banquet

Kendall Allen and
Devingston Lewis were the
recipients of the Unsung
Hero award. They were
honored last Tuesday at
Snyder Farms along with
other recipients from area
schools.



Brucie Shook Book Signing -

Friends of the Randolph County Public Library present, Brucie Shook, author of She Named Me Bruce, on November 8th at 6:45 p.m. at Randolph County Public Library. Admission is free!





