

Monday Musings!

October 19, 2015 - What's Inside?

1. **NAMS Service Clubs Off to a Great School Year**
2. **SAMS Hosts State Workshop**
3. **Heritage Festival at Lindley Park**
4. **Girls on the Move Running Club at McCrary Elementary**
5. **Superintendent's Reading Challenge**
6. **Loflin Hosts Grandparents Day**
7. **Speaker, Gai – Sudanese Lost Boy, at SAMS**
8. **ACS 3rd Graders Participate in cARTwheels**
9. **AHS Partners with RCC to Enroll Students after High School**
10. **We WANT YOUR INPUT – Strategic Planning for 2016-2021 and the Randolph County Community Health Needs Assessment**
11. **AAEOP Fundraiser underway**
12. **Flu Season and Flu Prevention**
13. **Classes Offered at UNC-Wilmington**
14. **New Book Club at AHS**
15. **AHS Athletics This Week**
16. **Middle School Athletics This Week**
17. **Other Events This Week/SAT and ACT Words**
18. **McCrary Students Visit the Library!**

SAMS Hosts State Workshop

This weekend, September 25th-27th, 16 students from SAMS hosted and attended the NC Association of Student Councils Middle Level Workshop. The theme was "Leaders are Legendary." Students in grades 6th through 9th from all over the state of North Carolina attended the workshop to learn leadership qualities, skills, and values. SAMS students planned, organized, and coordinated the event. SAMS student Sarah Lynn led the weekend event as the 2nd Vice President representative for the NCASC. Over 160 students and advisers attended the leadership workshop.

NAMS Service Clubs Off to a Great School Year

Both of the 8th grade service clubs at NAMS, The New Girls and Mustache Fraternity, have hit the ground running. Both groups have been selected and our student leaders are making us proud. So far, the Mustache Fraternity has volunteered with the McCrary boys' book club, volunteered to clean up after AHS home athletic events, served as after school mentors for a group of boys at Balfour, assisted with the Balfour soccer club, and attended the Mustache Fraternity lock-in. The group will travel to Wake Forest for the Wake/Louisville football game later this month and will also be participating in the Junior Achievement program. Together, the two groups have already completed more than 250 acts of service in our school and community.



NAMS students from the Mustache Fraternity pose with Mayor David Smith.

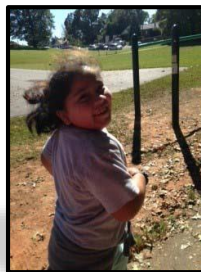


Students at NC Association of Student Councils Middle Level Workshop at SAMS.



Mustangs on the Move Girls Only Running Club at McCrary Starts 2nd Year

The Mustangs on the Move Girls Only Running Club has started its 2nd year at McCrary. Girls in 3rd, 4th, and 5th grades meet once a week after school. Each girl is given a pedometer, so they can record how many steps they are logging each week. The goal of the Girls Only Running club is to help female students to be stronger, healthier, and have a positive outlook on life. The team is also learning about nutrition, self-esteem, and having a positive self-image. They began practicing October 7. Thirty-eight girls attended along with nine teachers! The first goal of the group was to move around the track for 20 minutes without stopping, and all participants were all successful! The group logged 102,132 steps to the Mayor's Fitness Challenge.



Speaker, Gai - Sudanese Lost Boy, at SAMS

Students at South Asheboro Middle School had an opportunity to hear from guest speaker, Gai, a Lost Boy of Sudan, on Wednesday, October 14th. This year, all students at SAMS – 6th, 7th, and 8th graders – read, *A Long Walk to Water*, which detailed the struggles of thousands of Sudanese boys who were forced to flee their country in the 1980's and 1990's in order to avoid being recruited into their country's civil war. "This opportunity allowed our students to hear a first-person perspective from someone who actually lived what they have read about," said SAMS Principal, Mr. Brian Saunders.



Superintendent's Reading Challenge

The Superintendent's Reading Challenge will officially kick off at the AHS football game on Friday, October 30th. Spectators are encouraged to bring books to donate to the game. Students, staff, and faculty will be challenged to reach a reading goal of 100,000 books! Be on the lookout for more details as we get closer to the date.

Loflin Hosts Grandparents Breakfast

A rainy Friday morning did not deter many special adults in our students' lives! Donna Lee Loflin celebrated the 13th Annual Grandparents Breakfast on Friday, Oct. 2nd, and served more than 400 people ~ more than half of the students who ate breakfast that morning had a special adult or two with them. What a supportive community we have at Loflin!



ACS 3rd Graders Participate in cARTwheels

On Friday, October 16, 3rd graders from Asheboro City and Randolph County Schools participated in cARTwheels, a program sponsored by the Randolph Arts Guild.



AHS Partners with RCC to Enroll Students after High School

The Student Services department has collaborated with representatives at RCC through Personalized Admission Counseling events. During the 2014-2015 school year, counselors at RCC met with students to register them for courses for the upcoming school year. You will notice a trend where the percentages of students who applied in the senior class and registered (currently at RCC) has increased since 2012. In fact, Asheboro High School was the only school in the county where 25% of the graduates are at RCC in the fall.

	2012				2013				2014				2015							
	Graduates	Applied	Registered		Graduates	Applied	Registered		Graduates	Applied	Registered		Graduates	Applied	Registered					
Asheboro	279	90	32%	40	14%	290	95	33%	51	18%	269	91	34%	51	19%	286	113	40%	71	25%

We WANT Your Input!

Strategic Plan 2016-2021

Please take a few minutes to respond to four brief questions to help us as we prepare for the next generation of our strategic plan. You can click on the link below, or you can also find the link under the "Staff" tab on the district website. Your feedback is important! Deadline to provide input is Tuesday, October 20th.

<https://www.surveymonkey.com/r/TK5VY8F>

Community Health Needs Assessment

The Randolph County Health Department in conjunction with the Randolph Hospital are in the beginning stages of conducting the 2015-2016 Community Health Assessment. They need as many Randolph County residents as possible to complete the Community Health Assessment Survey. It can be found at the www.co.randolph.nc.us/ph/ and can be opened by clicking on the "Please click here to take survey" link. The survey will be open through December.

AAEOP Fundraiser underway

The Asheboro Association of Educational Office Professionals launched their fall fundraiser to support their scholarship program. RADA Cutlery orders will be taken through October 30th and items will be delivered by mid-November. If you are interested in placing an order, please fill out the order form that is attached to the catalog and send to any AAEOP member or your school secretary, along with your payment.



Flu Season and Flu Prevention

Symptoms of the flu will vary from person to person. Below is a list of flu symptoms to be aware of as the season approaches: fever* or feeling feverish/chills; cough; sore throat; runny or stuffy nose; muscle or body aches; headaches; fatigue (very tired); and some people may have vomiting and diarrhea, though this is more common in children than adults.

To keep you and your family healthy this flu season follow these simple steps.

- Get your flu shot.
- Wash your hands often.
- Stay home if you don't feel well.
- Cover coughs and sneezes.



All those interested in getting the Flu Shot, please mark your calendar for November 5th. Clinics will be held at the Central Office and NAMS from 8 a.m. – 4 p.m.

Healthcare Benefits Reminder!

The State Health Plan will conduct Annual Enrollment Oct. 15 – Nov. 18, 2015. To preview the enrollment options, click on this link:

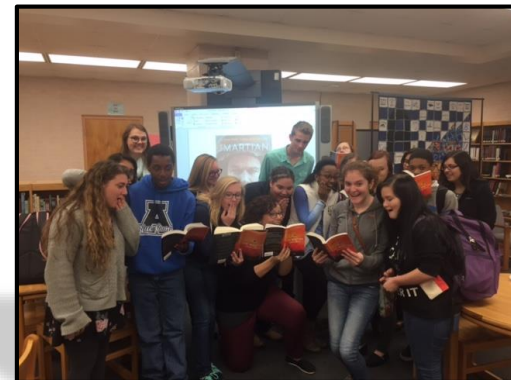
<https://shp.nctreasurer.com/ActiveEmployees/Pages/Annual-Enrollment---Active-Members-and-COBRA-Participants.aspx>. Information on how to enroll will be sent in the next two weeks.

Classes Offered at UNC-Wilmington

[Click here](#) to learn about upcoming professional development classes at the University of North Carolina at Wilmington.

New Book Club at AHS

A new book club emerged on Asheboro High School's campus this fall, The Closet Geek Book Group (CGBG). The sponsors are Ms. Margeaux Jarrell, English teacher, and Mrs. Carla Shinn, media specialist. Over 20 students came to fellowship and discuss the group's first read, *The Martian* by Andy Weir. They are currently reading *The Book Thief*, by Markus Zusak.



AHS Athletics This Week

Monday, October 19

5:30 PM Boys Junior Varsity Soccer Southwestern Randolph High Home
7:00 PM Boys Varsity Soccer Southwestern Randolph High Home

Tuesday, October 20

TBA Boys Middle School Football Super Tuesday (Other) Home
5:00PM Coed Varsity Cross Country MPC Conference Meet @ Hagan Stone Away

Wednesday, October 21

5:30 PM Boys Junior Varsity Soccer North Forsyth High School Away
7:00 PM Boys Varsity Soccer North Forsyth High School Away

Thursday, October 22

7:00 PM Boys Junior Varsity Football North Forsyth High School Home

Friday, October 23

TBA Girls Varsity Tennis OPEN DATE Individual Regionals Away
7:30 PM Boys Varsity Football North Forsyth High School Away

Saturday, October 24

TBA Girls Varsity Tennis OPEN DATE Individual Regionals Away
TBA Girls Varsity Volleyball OPEN DATE First Round NCHSAA Playoffs Home

Middle School Athletics this Week

Monday, October 19

4:30PM Softball SAMS v. NAMS (H)

Tuesday, October 20

4:30PM Super Tuesday Football @AHS (NAMS)

Wednesday, October 21

4:30PM Softball NAMS v. NERMS (H)
4:30PM SAMS v. SWRMS (H)



SAT/ACT Words

SAT/ACT WORDS:

Jurisprudence: a system or body of law

Tremulous: being affected with trembling or tremors

Miasma: heavy vapors that corrupt the atmosphere and humanity

READING COMPREHENSION:

Predict: to say what will happen based on present indications & past experiences

Word of the Week:

Oldster: an elderly person.

Other Events this Week

Tuesday, October 20

AHS Choral Concert, 7:30-9 p.m. in the Performing Arts Center
AHS Parent Meeting, 6-7 p.m. in the Media Center

Friday, October 22

National Honor Society at AHS, 6-8 p.m. in the Performing Arts Center



McCrary Students Visit the Library!

Second graders enjoyed a visit from the Asheboro Public Library in preparation for our Hispanic Culture Festival. The library shared music and folktales from El Salvador.

Want to see your story in Monday Musings?

Be sure to send info about what's going on in your school or department to Leigh Anna Marbert at lamabert@asheboro.k12.nc.us!