# Monday Musings?

### January 25, 2016

- 1. ACS Athletic Schedule Changes
- 2. BT-1's Professional Development Day
- 3. Stress Management Classes for Staff at AHS
- 4. Mark Your Calendar for these Upcoming Events
- 5. Interested in a Pursuing a Master's or Doctoral Degree at Gardner Webb University?
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- 7. Info. Session on National Board Certification
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- 10. Grant opportunities for PE Teachers and Nurses

# **BT-1's Professional Development Day**

BT-1's participated in a Connections activity with DRIVE Educational Systems last week! This group is ready for second semester!



# **ACS Athletic Schedule Changes**

Due to inclement weather, there have been several schedule changes for high school and middle school athletics. The below reschedules/postponements are current as of Monday (1/25). Please contact Steve Luck if you have any questions.

- This past Saturday's basketball games against N. Forsyth have been moved to Wednesday, January 27. Game times are 4:30, 6, and 7:30 p.m.
- The triple header basketball game against Central Davidson has been moved to Wednesday, February 3. Game times are 4:30, 6, and 7:30 p.m.
- The MPC swim meet scheduled for today (Monday, January 25) at WSSU, has been moved to Friday, January 29 at WSSU.
- The middle school wrestling tournament has been rescheduled for Saturday, January 30 and will take place at Wheatmore High School. Please contact Graham Groseclose if you have any questions.

For events happening this week, please see the section titled, "AHS Athletics for this week."

## Stress Management Classes for Staff at AHS

Asheboro High School has collaborated with the Randolph-Asheboro YMCA to offer stress management and exercise classes on Tuesday afternoons. Classes will be open to AHS staff and teachers. The classes will use a combination of yoga, Pilates, and cardio excises, and participants will learn wellness tips as well. For more information, please contact Lois Bagley.



# Mark Your Calendar for these Upcoming Events

<u>Tuesday, February 2</u> - A health fair will be held at AHS from 6:30-8:30 p.m. in the new gym. Information will be available from the following sponsors: Randolph-Asheboro YMCA, Carolina Donor Services, Randolph Hospital, Randolph EMS, Asheboro Dermatology, Sara Bullins on diabetes, Hospice of Randolph County, Rita Morton on nutrition, and the Asheboro High School nurse team on mental health.

<u>Friday, February 5</u> - Lindley Park fifth graders will host the Memoir Gallery Walk at 1:30 p.m. Fifth grade classrooms have invited student-families and visitors to explore threedimensional representations of a memory students have written about. This event is free and open to the public.

Monday, February 8 - Wednesday, February 10 – Asheboro City Schools will receive an external accreditation review from AdvancED/SACS representatives. Please be aware that representatives and/or community members may be in your schools throughout the week. A final discussion will be held on Wednesday, February 10 at 4 p.m. This will be open to the public. If you have questions, please contact Jennifer Smith.

Friday, February 12 - Following the AdvancED/SACS accreditation review, we will host a retirement celebration in honor of Assistant Superintendent, Jennifer Smith. The event will be held in the Professional Development Center from 3-5:30 p.m. We hope you will plan to join us to celebrate Jennifer and wish her well in her future endeavors!

# Interested in Pursuing a Master's or Doctoral Degree at Gardner-Webb University?

Gardner-Webb University is happy to return to the Thomasville/Lexington area to offer Master's & Doctoral programs this August. Classes meet only one night a week, and most programs have a 20-month completion time. All programs are NCATE accredited. The cost is typically \$154 per month, if using financial aid. For additional information, please visit Gardner-Webb University Off-Campus Programs Page, or call Lovie Nowak at (877) 861-9984.

#### Programs Offered:

- Executive Leadership Master's w/Licensure
- School Administration Add-On Licensure
- Master's in Instructional Technology (Pending SACSCOC Approval)
- Curriculum & Instruction Master's or choose a concentration in:
  - Elementary Education
  - Middle Grades
  - o Christian School Education
  - o Academically and Intellectually Gifted Education
  - Rural Education
  - o Urban Education
  - Teacher Leadership
- Doctor of Education in Educational Leadership (Ed.D.)
- Doctor of Education in Curriculum and Instruction (Ed.D.)
- Educational Specialist Degree (Ed.S.)

#### Master's Program Highlights:

- Entire program conducted in or near your school
- One night a week classes
- 20-month completion time
- No weekend classes
- Classes meet in the evening from 4:45 p.m. 8:45 p.m.

#### AHS Athletics for This Week

Monday, January 25 6:00 PM Coed RSC Sportsmanship Award (Synder Farms)

#### Tuesday, January 26

4:30 PM Boys Junior Varsity Basketball Southern Guilford High School Triple Header Away
6:00 PM Boys Varsity Wrestling Senior Night(Tri-match) Home
6:00 PM Girls Varsity Basketball Southern Guilford High School Triple Header Away
7:30 PM Boys Varsity Basketball Southern Guilford High School Triple Header Away

#### Wednesday, January 27

4:30 PM Boys Junior Varsity Basketball North Forsyth High School *Triple Header* **Home** 6:00 PM Girls Varsity Basketball North Forsyth High School *Triple Header* **Home** 6:00 PM Coed Varsity Swimming Eastern Randolph High School *Last Chance Meet* **Home** 7:30 PM Boys Varsity Basketball North Forsyth High School *Triple Header* **Home** 

#### Thursday, January 28

7:00 PM Boys Varsity Wrestling Central Davidson High School Away

#### Friday, January 29

5:00 PM Girls Junior Varsity Basketball Western Guilford High School **Home** 6:00 PM Girls Varsity Basketball Western Guilford High School **Away** 6:30 PM Boys Junior Varsity Basketball Western Guilford High School **Home** 7:30 PM Boys Varsity Basketball Western Guilford High School **Away** 

### Info. Session on National Board Certification

Are you interested in pursuing National Board Certification? If so, then the "Getting Started with the National Board Certification Process" workshop is just for you. During this workshop, Drs. Petty, Kern, and Smith from NC A&T University will provide participants with an introduction to the National Board Certification process and an overview of how to complete the portfolio components. This workshop will take place at Randleman Middle School on Saturday, January 30<sup>th</sup> from 9 a.m. – 12 p.m., and the cost is \$50. Click <u>here</u> for more info. SAT/ACT Words: No SAT/ACT Words this week.

### **Other Events this Week**

**Monday, January 25** – School is closed to students due to inclement weather. Optional teacher workday for teachers.

**Wednesday, January 27** – Administrative Leadership Team (ALT) meeting.

Saturday, January 30 – Winter Board of Education Retreat.

# Grant Opportunities for PE Teachers and Nurses

The Asheboro ABC Board is pleased to announce the availability of 2016 grant funds for the treatment of alcoholism or substance abuse or for research or education on alcohol or substance abuse. Apply for funds by submitting the following information to the Asheboro ABC Board, 700 S. Fayetteville Street, Asheboro, NC, 27203, no later than Friday, January 29, 2016, by 3 p.m.

•Organization Name, Address, Phone Number, Email/Web address (if available) and Contact Person.

Brief Statement about the Organization History and Mission.
Whether funds are requested for a one-time or on-going project, including a full description of the project and how it supports the treatment of alcoholism or substance abuse or research or education on alcohol or substance abuse.

•A budget narrative describing how the funds will be spent. Organizations receiving these funds must submit an annual report describing how all funds were spent. If you have any questions, please contact Asheboro ABC Board General Manager, Rodney Johnson, at 629-2530.