

ASHEBORO CITY SCHOOLS
EMPLOYEE ASSISTANCE PROGRAM

200-C WORTH STREET, ASHEBORO, NC 27203
PHONE: 336-318-4115 FAX: 336-318-4636

The trained clinicians at Lifecycles and Recovery EAP provide these confidential services to assist you and your immediate family members (spouse/children):

SUBSTANCE USE DISORDERS

ALCOHOL
CANNABIS
OPIATES
OTHER SUBSTANCES

EMOTIONAL PROBLEMS

DEPRESSION
ANXIETY
GRIEF/LOSS
STRESS
TRAUMA

FAMILY PROBLEMS

BEING AN ADULT CAREGIVER AND PARENT
ADOLESCENT AND CHILDREN SERVICES

RELATIONSHIP PROBLEMS

FINANCIAL PROBLEMS

WOMEN EMPOWERMENT GROUPS

WORK PROBLEMS

Your Employee Assistance Program (EAP) is a resource provided by your employer to help you through those difficult times in life that we all experience. Self-referrals will receive two free sessions for you and your immediate family per calendar year.

CLINICIANS:

Harold Lilly, PhD, LCAS
Mary Jane McGill, LPC-S, LCAS, CCS, MAC, SAP
Patti Board, LPC, LCASA

To schedule Community Services call Mary Jane at 336-541-5867

